

# Adult & Junior TENNIS PROGRAMS

**May 3 - June 5**

5-Week Session



513-624-1871  
[mercyhealthplex.com](http://mercyhealthplex.com)



**MERCYHEALTH**

Anderson HealthPlex

# JUNIOR TENNIS PROGRAMS

## YOUTH RED BALL • 5-7 yrs

This fun introduction to tennis covers coordination and basic tennis skills to form a foundation for our youngest players. Red balls/36 ft. court.

Wednesday ..... 4:30-5:30 pm  
 Saturday ..... 9:00-10:00 am

## YOUTH ORANGE BALL • 8-9 yrs

Lessons continue to build on tennis skills with a focus on court movement and consistency. Participants prepare for match play by developing serving and rallying skills. Orange balls/60 ft. court.

Tuesday ..... 4:30-5:30 pm  
 Saturday ..... 10:00-11:00 am

## YOUTH GREEN BALL • 10-11 yrs

Players continue to develop skills while focusing on serving accuracy and preparing for tournament play. Green balls/ standard court.

Wednesday ..... 6:00-7:00 pm

## JUNIOR HIGH • 12-13 yrs

For those looking to play junior varsity tennis. Introduction into singles and doubles play format in a competitive environment.

Tuesday ..... 4:30-6:00 pm  
 Thursday ..... 4:30-6:00 pm

## HIGH SCHOOL • 14-18 yrs

For players on their current varsity high school team and competitive players. Singles and doubles play format and situational drilling.

Monday ..... 4:00-6:00 pm  
 Thursday ..... 4:00-6:00 pm

# ADULT TENNIS PROGRAMS

## BEGINNERS

A class for those who have never played tennis before or have very little experience. Grip, technique and proper form will be emphasized.

Monday ..... 6:00-7:00 pm  
 Thursday ..... 10:30-11:30 am

## ADVANCED BEGINNERS

This class is for individuals who have prior playing experience and have developed a level of consistency in their game. Strategy, footwork and proper court movement will be emphasized, as well as proper stroke production.

Tuesday ..... 6:00-7:00 pm  
 Wednesday ..... 10:30-12:00 pm  
 Thursday ..... 9:30-10:30 am

## CARDIO TENNIS

Heart pumping tennis drills, games and skills deliver the ultimate full body workout. Burn 300+ calories in just an hour class. Levels 3.5+.

Friday ..... 10:00-11:00 am

# PROGRAM PRICING

## 5-WEEK SESSION

|                    | Member | Non-member |
|--------------------|--------|------------|
| 60-Minute Classes  | \$95   | \$119      |
| 90-Minute Classes  | \$143  | \$178      |
| 120-Minute Classes | \$190  | \$238      |
| Drop-In per Hour   | \$28   | \$36       |

- Prices listed are for one day of class per week.
- Classes require a minimum of 3 enrolled students and have a maximum of 6 students.
- Classes cannot be pro-rated. There is a max of two make-up classes per session and they must be completed during the current session.
- Payment is required in full at the time of sign-up.
- Drop-ins must have Tennis Manager approval in advance and will be billed on the day of class.

## MEMBER NIGHT FREE FOR MEMBERS!

Members are invited to enjoy complimentary doubles match play. All levels welcome. Space is limited to 4/court - sign up weekly at the Front Desk. Members must bring all equipment for play.

Monday ..... 6:00-7:30 pm

*\*\*A \$10 fee will be charged for less than 12 hours cancellation notice.*

## PICKLEBALL FREE FOR MEMBERS!

This paddle sport is easy to learn and quickly develops into a fun, competitive experience for players of all ages. All levels welcome. Space is limited to 4/court. Members must bring all equipment for play.

Tuesday ..... 8:00-9:30 am  
 Wednesday ..... 2:00-3:30 pm  
 Friday ..... 2:00-3:30 pm

## COURT RESERVATIONS FREE FOR MEMBERS!

Walk-on court time is FREE for members. Courts can be booked up to one hour in advance. Free court time is limited to one court for up to 90 minutes.

Court reservations more than one hour in advance are available at a rate of \$18 per hour. See the Front Desk for availability.

## PRIVATE TENNIS LESSONS

The Pros at Mercy HealthPlex offer private tennis lessons for players of all ages and skill levels. Get personalized instruction to take your game to the next level! Contact the Tennis Manager to get started.

|                             |                    |
|-----------------------------|--------------------|
| 60-Minute Private.....      | \$69               |
| 60-Minute Semi-Private..... | \$37 per person    |
| 60-Minute 3 and Pro.....    | \$26.33 per person |
| 60-Minute 4 and Pro.....    | \$21 per person    |
| 60-Minute 5 and Pro.....    | \$17.80 per person |

## FOR MORE INFORMATION

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